

SPRING MENU: WEEK 1

	Breakfast	Morning Snack	Lunch	Lunch Pudding	Afternoon Snack	Supper
Mon	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks and Carrot Sticks served with hummus	Cheesy Broccoli Pasta Bake	Fresh Fruit Salad	Apples	Fish cakes with beans Yogurt and Fresh Fruit
Tue	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with cucumber and hummus	Pork Meatballs In A Tomato Sauce served with cous cous And mixed veg	Carrot Muffins	Pears	Pea And Asparagus Risotto Yogurt and Fresh Fruit
Wed	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Oatcakes served with peppers and hummus	Chicken Korma served with rice and sweetcorn	Chocolate mousse	Melon	Carrot and red pepper humus and feta wraps Yogurt and Fresh Fruit
Thu	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with carrots and hummus	Beef Lasagne served with green beans	Apple and cinnamon cake	Satsumas	Cheesy bacon frittata served with mixed beans Yogurt and Fresh Fruit
Fri	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks served with cucumber and hummus	Cod in parsley sauce served with mash and broccoli	Fresh Fruit Salad	Bananas	Tomato and basil pizza Yogurt and Fresh fruit

SPRING MENU: WEEK 2

	Breakfast	Morning Snack	Lunch	Lunch Pudding	Afternoon Snack	Supper
Mon	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks and Carrot Sticks served with hummus	Meatballs in tomato sauce served with rice	Fresh fruit salad	Apples	Tuna Pasta with sweetcorn Yogurt and Fresh Fruit
Tue	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with cucumber and hummus	Macaroni Ham Leek And Cheese bake served with peas	Banana muffins	Pears	Roasted Vegetable Paella Yogurt and Fresh Fruit
Wed	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Oatcakes served with peppers and hummus	Fish in parsley sauce served with mash	Strawberry Mousse	Melon	Carrot And Courgette Potato Bake Yogurt and Fresh Fruit
Thu	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with carrots and hummus	Turkey Curry served with rice and naan	Sugar Free Jelly	Satsumas	Cauliflower and broccoli cheese bake Yogurt and Fresh Fruit
Fri	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks served with cucumber and hummus	Sweet chilli, sundried tomato and salmon linguini Served with mixed veg	Fresh Fruit Salad	Bananas	Mild vegetable curry served with naan bread Yogurt and Fresh Fruit

SPRING MENU: WEEK 3

	Breakfast	Morning Snack	Lunch	Lunch Pudding	Afternoon Snack	Supper
Mon	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks and Carrot Sticks served with hummus	Salmon Pasta Bake served with sweetcorn	Fresh Fruit Salad	Apples	Vegetable frittata Yogurt and Fresh Fruit
Tue	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with cucumber and hummus	Chicken in Mushroom Sauce with mash	Cranberry And Sultana Flapjack	Pears	Spinach And Ricotta Cannelloni Yogurt and Fresh Fruit
Wed	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Oatcakes served with peppers and hummus	Beef Stir Fry served with stir fried vegetables and noodles	Strawberry and Banana Smoothie	Melon	Butternut Squash Curry served with chapatti bread Yogurt and Fresh Fruit
Thu	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with carrots and hummus	Sausage Casserole served with mixed veg	Rice pudding	Satsumas	Spaghetti Napolitana Yogurt and Fresh Fruit
Fri	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks served with cucumber and hummus	Fish Pie served with sweetcorn	Fresh fruit salad	Bananas	Ham and Cheese Pasties Yogurt and Fresh Fruit

SPRING MENU: WEEK 4

	Breakfast	Morning Snack	Lunch	Lunch Pudding	Afternoon Snack	Supper
Mon	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks and Carrot Sticks served with hummus	Spaghetti Bolognese served with sweetcorn	Fresh Fruit Salad	Apples	Cheesy Bean Potato Bake Yogurt and Fresh Fruit
Tue	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with cucumber and hummus	Chicken Supreme served with roast potatoes and peas	Ice Cream Rolls	Pears	Egg Fried Rice Yogurt and Fresh Fruit
Wed	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Oatcakes served with peppers and hummus	Roasted Vegetable Pasta Bake	Fresh Fruit Salad	Bananas	Sausage Rolls served with beans Yogurt and Fresh Fruit
Thu	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Rice Cakes served with carrots and hummus	Shepherd's Pie served with mixed vegetables	Carrot Cake	Satsumas	Macaroni cheese Yogurt and Fresh Fruit
Fri	Selection of Cereal And Toast served with marmite and jam and chopped fruit	Breadsticks served with cucumber and hummus	Beef Burgers served on a bun with salad and cheese	Bananas served with coconut custard	Melon	Jacket Potato served with a choice of tuna, sweetcorn, cheese and beans Yogurt and Fresh Fruit